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## Cooking Well Low-Carb Sugar-Free Desserts Over 100 Recipes for Healthy Living, Diabetes, and Weight Management

By Victor Kline

Hatherleigh Press. Paperback. Book Condition: New. Paperback. 176 pages. Dimensions: 8.9in. x 5.9in. x 0.7in. The complete guide to preparing delicious desserts: low-carb and sugar-free! If you are counting your carbs, diabetic, or just trying to cut back on your sugar intake, you have probably been craving the forbidden foods: cakes, pies, cookies, ice cream, and other desserts. Now, pastry chef Victor Kline has created over 100 delicious recipes to satisfy the sweetest tooth. . . even yours! Over 100 Low-Carb Sugar-Free Recipes Including: New York Style Cheesecake Chocolate Chip Cookies Pumpkin Pecan Pie Tiramisu Fudge Chocolate Ice Cream Sugar-Free Sugar Cookies Pound Cake Chocolate Creme Pie Brownies With the introduction of some remarkable sugar substitutes like Splenda, you can indulge in your favorite goodies without the guilt. With easy-to-follow instructions and easy-to-find ingredients, Cooking Well: Low-Carb, Sugar-Free Desserts is an essential cookbook for your kitchen. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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