



Sacred Hoops: Spiritual Lessons as a Hardwood Warrior (Paperback)

By Phil Jackson, Hugh Delehanty

Hyperion, United States, 2011. Paperback. Book Condition: New. Revised ed.. 206 x 140 mm. Language: English . Brand New Book. Not only is there more to life than basketball, there s a lot more to basketball than basketball. -- Phil Jackson One of the most successful coaches in NBA history, Chicago Bulls head coach Phil Jackson provides an inside look at the higher wisdom of teamwork with Sacred Hoops -- Jackson s philosophy of mindful basketball and his lifelong quest to bring enlightenment to the competitive world of professional sports. A new paradigm of leadership based on Eastern and Native American principles, Jackson's approach flies in the face of the egoistic, winner-take-all attitude that has changed the face of American sports. Rather than winning through intimidation, Jackson -- who describes himself as a Zen Christian -- stresses awareness, compassion and most of all selfless team play. Filled with stories about Michael Jordan, Scottie Pippen, Toni Kukoc and other members of the Bulls, Sacred Hoops reveals how Jackson directs his players to act with a clear mind; to respect the enemy and be aggressive without anger or violence; to live in the moment and stay calmly focused in the midst...



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