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# THINKIN DRINKIN FROM THE TEEN YEARS FORWARD A RATIONAL, SAFE, WORRY-FREE APPROACH TO LIFETIME ALCOHOL USE OR ABSTINENCE

**THINKIN' DRINKIN'**  
From the Teen Years Forward:  
A Rational, Safe, Worry-Free Approach to  
Lifetime Alcohol Use or Abstinence



RICHARD W. THATCHER

BalboaPress. Paperback. Book Condition: New. Paperback. 224 pages. Dimensions: 8.4in. x 5.4in. x 0.6in. While describing and even celebrating some of the many benefits of drinking wine, beer and spirits (hard liquor) in moderation, Richard Thatchers Thinkin Drinkin also shares an abundance of ideas and scientific evidence that, when taken together, add up to a cautionary tale about careless drinking. The book is informed by Thatchers own troubled, early, and long-sustained experience with alcohol and his subsequent success at getting the...

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- Authored by Richard W. Thatcher
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