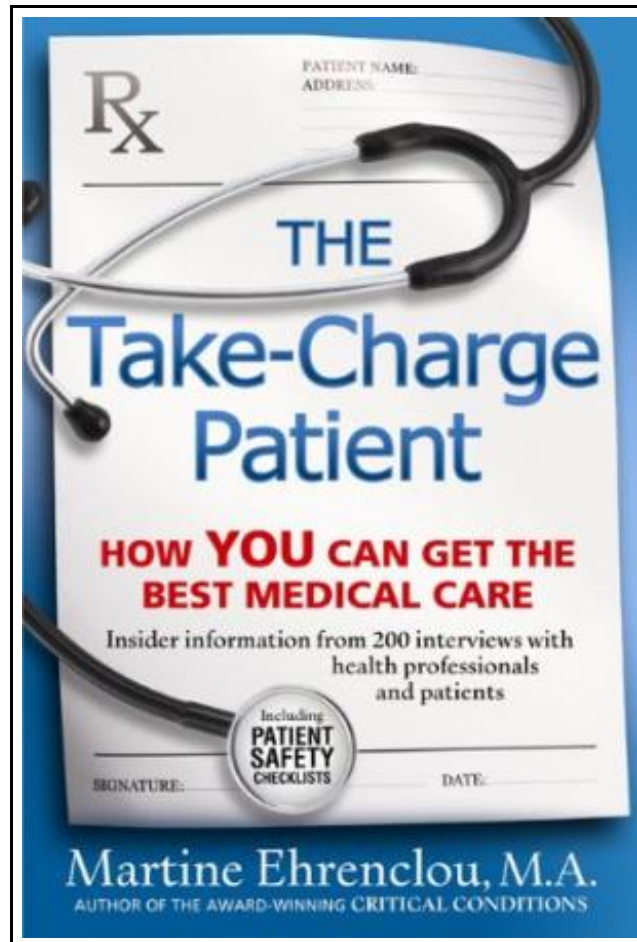


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Lemon Grove Press LLC, United States, 2012. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. The Take-Charge Patient Puts the Expertise of 200 Medical Professionals in Your Hands Frustrated or confused about how to get good medical care? In her newest book, *The Take-Charge Patient: How You Can Get The Best Medical Care*, (Lemon Grove Press, on sale May 15, 2012) award-winning author and patient advocate, Martine Ehrenclou, empowers patients to become proactive, well informed participants in their own care. With advice and personal stories from over 200 doctors, nurses, pharmacists, health psychologists, patients and more, *The Take-Charge Patient* reveals insider information on how to cut through the red tape and navigate today's complex health care system with confidence. Ehrenclou empowers readers with vital information on how to find the right doctor, how to communicate effectively with doctors, how to prepare for medical appointments, prevent medical errors and medication mistakes, obtain discounted medication, manage your health insurance, and much more. *The Take-Charge Patient* will forever change how you act as a patient and thereby vastly improve the quality of the medical care you receive. Six months into her research for *The Take-Charge Patient*, Martine Ehrenclou developed debilitating, chronic pain and used every strategy in her new book. She went from author and advocate for others to an advocate for herself and became a take-charge patient. After eleven doctors failed to diagnose her correctly, Martine found her own diagnosis and the correct surgeon to treat her. She is now pain free. According to Ehrenclou, your health care is a team sport. *The Take-Charge Patient* shows you how to take charge of what you can and become an effective player. Martine Ehrenclou has also written the multiple award-winning *Critical Conditions: The Essential Hospital. Guide to Get Your Loved...*



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