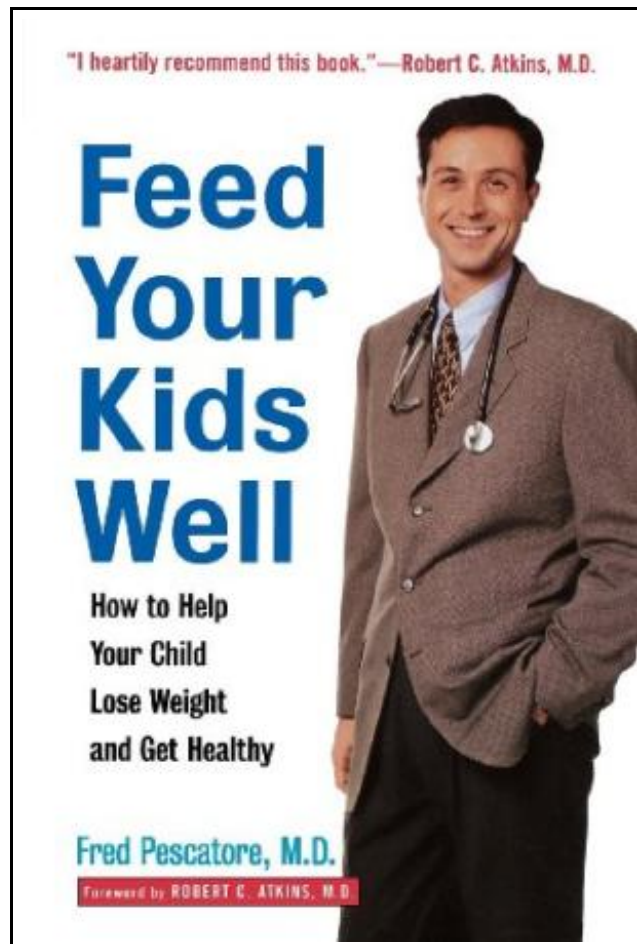


Feed Your Kids Well: How to Help Your Child Lose Weight and Get Healthy



Filesize: 6.83 MB

Reviews


This is an remarkable publication that I have ever read. Indeed, it is actually engage in, nevertheless an interesting and amazing literature. I am just happy to inform you that this is the best publication i have got go through during my personal lifestyle and may be he finest ebook for actually.
(Toby Baumbach)

FEED YOUR KIDS WELL: HOW TO HELP YOUR CHILD LOSE WEIGHT AND GET HEALTHY



Turner Publishing Company. Paperback. Book Condition: new. BRAND NEW, Feed Your Kids Well: How to Help Your Child Lose Weight and Get Healthy, Fred Pescatore, Robert C. Atkins, "I've worked side by side with Dr. Pescatore for many years. In this book--which I heartily recommend--Dr. Pescatore teaches you how to bring health and nutrition to the next generation."--Robert C. Atkins, M.D., author of the multimillion copy bestseller Dr. Atkins' New Diet Revolution. "Feed Your Kids Well offers a sensible approach to the difficult problem of childhood obesity--and many other children's health problems. Dr. Pescatore provides parents with excellent strategies for dealing with their children in a positive, sensitive way."--Carol Colman, coauthor of the New York Times bestseller The Melatonin Miracle. "Feed Your Kids Well is an excellent book that explains the importance of a well-balanced diet. It exposes the dangers associated with high-sugar foods and reveals the true cause of childhood obesity."--Joyce and Gene Daoust, authors of 40-30-30 Fat Burning Nutrition. "I helped nutritionally vet Adelle Davis's book, Let's Have Healthy Children. In my opinion, Feed Your Kids Well replaces that important work."--Fran Gare, nutrition expert, CBS-TV. Today, one-third of North American children and teenagers are overweight. And despite decades of medical and scientific breakthroughs, the percentage of children with health problems today is the highest in history. Feed Your Kids Well will be a revelation for millions of worried parents. Dr. Fred Pescatore, who was overweight and asthmatic as a child, brings an empathetic and hopeful tone to this groundbreaking guide to achieving optimum nutrition, ideal health, and self-confidence. Building on the low-carbohydrate principles of the hugely popular Dr. Atkins' New Diet Revolution--which has helped millions of adults lose weight permanently--Dr. Pescatore applies the Atkins Center's proven nutritional program to children and teenagers. Thoroughly tested over years of exhaustive...

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