



Opening the Windows Within: Inspiration and Insights to Elevate Our Lives (Paperback)

By David W Stanfield

iUniverse, United States, 2010. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.Many people today are struggling; some are discouraged, and others worry about what the future holds. When the joys in life seem distant, inspiration will help us become renewed. In *Opening the Windows Within*, author David W. Stanfield explores important aspects in our lives to help us move past our obstacles and difficulties to improve the chances of experiencing a more rewarding and harmonious life. With the emphasis directed toward self-improvement and enhancement, *Opening the Windows Within* offers glimpses into ourselves by examining characteristics of our being, including consciousness, emotion, and spirituality, and it helps us realign our sense of values and perspective. Stanfield conveys the idea that we need something more to sustain the passion in our lives-beyond the labor of our careers and the toil of daily responsibilities. He encourages us to pursue our interests, ambitions, and dreams because they often provide the enrichment we seek in life. *Opening the Windows Within* shows that when we elevate the emotional, spiritual, and intellectual aspects of our nature to a heightened level of maturity, we are better prepared...



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