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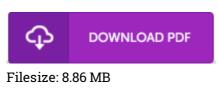
Roshi Pat Enkyo O'Hara



Shambhala Publications Inc, United States, 2014. Paperback. Book Condition: New. 208 x 127 mm. Language: English . Brand New Book. The joy of intimacy--with yourself, with others, and with the whole universe. The long-awaited first book from a prominent modern American Zen teacher. For Roshi Pat Enkyo O Hara, intimacy is what Zen practice is all about: the realization of the essential lack of distinction between self and other that inevitably leads to wisdom and compassionate action. She approaches the...

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- Authored by Roshi Pat Enkyo O Hara
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